

# Criteria for Discontinuation of Home Isolation/Quarantine

	Positive Test <u>with</u> Symptoms	Positive Test <u>without</u> Symptoms	Negative Test <u>with</u> Symptoms, No Exposure	Exposure
<b>General Population</b>	<p>5 days isolation from start of symptoms or positive test, whichever is earlier (release on day 6) AND ≥24 hours have passed since resolution of fever without the use of fever-reducing medications AND Other symptoms have improved AND Wear a mask for 5 <i>additional</i> days (including in household) when around others</p> <p style="text-align: center;">General Public:</p> <ul style="list-style-type: none"> <li>• May remove mask prior to day 11 if had two negative tests taken 48 hours apart</li> <li>• If unable to wear mask, isolate for 10 days, release on day 11</li> </ul> <p style="text-align: center;">School/Daycare/Camp</p> <ul style="list-style-type: none"> <li>• May remove mask prior to day 11 if had negative test on Day 5 or later</li> <li>• If unable to mask, may return with a negative test on Day 5 or later</li> </ul> <p style="text-align: center;">Additional Notes</p> <ul style="list-style-type: none"> <li>• If test on day 6 or later is positive, must continue to isolate</li> <li>• Individuals should avoid people who are at high risk of severe disease for 10 days</li> </ul> <p style="text-align: center;"><i>Additional requirements exist for patients who had severe illness or are immunocompromised</i></p>	<p>5 days isolation from day of positive test (release on day 6) AND Wear a mask for 5 <i>additional</i> days (including in household) when around others.</p> <p style="text-align: center;">General Public:</p> <ul style="list-style-type: none"> <li>• May remove mask prior to day 11 if had two negative tests taken 48 hours apart</li> <li>• If unable to wear mask, isolate for 10 days, release on day 11</li> </ul> <p style="text-align: center;">School/Daycare/Camp</p> <ul style="list-style-type: none"> <li>• May remove mask prior to day 11 if had negative test on Day 5 or later</li> <li>• If unable to mask, may return with a negative test on Day 5 or later</li> </ul> <p style="text-align: center;">Additional Notes</p> <ul style="list-style-type: none"> <li>• If test on day 6 or later is positive, must continue to isolate</li> <li>• Individuals should avoid people who are at high risk of severe disease for 10 days</li> </ul> <p style="text-align: center;"><i>Additional requirements exist for patients who had severe illness or are immunocompromised</i></p>	<p>≥24 hours have passed since resolution of fever without the use of fever-reducing medications AND Other symptoms have improved</p> <p style="text-align: center;">OR</p> <p>Based on the recommendations for an alternative diagnosis if made (e.g., influenza or strep pharyngitis)</p> <p style="text-align: center;">OR</p> <p>If rapid antigen negative, repeat with antigen or molecular test in 24-48 hours</p>	<p>Wear a mask for 10 days, including in the household AND Test on day 6</p> <ul style="list-style-type: none"> <li>• If had COVID-19 in last 30 days, no test needed unless symptoms develop</li> <li>• If had COVID-19 in last 90 days, use antigen test, not PCR</li> <li>• If no COVID-19 in last 90 days, can use antigen or PCR</li> </ul> <p style="text-align: center;">If develop symptoms, get tested immediately and isolate until negative result received. If an antigen test is used, recommended to repeat an antigen test in 24-48 hours, or get a PCR test</p>

	Positive Test <u>with</u> Symptoms	Positive Test <u>without</u> Symptoms	Negative Test <u>with</u> Symptoms, No Exposure	Exposure
<b>Healthcare Workers (HCW) in PPOC Practices<sup>1</sup></b> <i>For return to work</i>	<p>After 5 days have passed since the first positive test was taken  AND  Symptoms have substantially improved, including being fever-free, for 24 hours  AND  The HCW received a negative viral test on Day 5 or later  If continue to test positive, can return after 10 days of isolation (on day 11) regardless of test result</p> <p><i>HCW should avoid caring for patients who are moderately to severely immunocompromised until after 10 days has passed since their positive test</i></p> <p><i>Additional requirements exist for patients who had severe illness or are immunocompromised</i></p>	<p>After 5 days have passed since the first positive test was taken  AND  The HCW received a negative viral test on Day 5 or later  If continue to test positive, can return after 10 days of isolation (on day 11) regardless of test result</p> <p><i>HCW should avoid caring for patients who are moderately to severely immunocompromised until after 10 days has passed since their positive test</i></p> <p><i>Additional requirements exist for patients who are immunocompromised</i></p>	<p>Same as above</p>	<p>HCP may continue to work after being exposed, provided they remain asymptomatic.</p> <p>All HCW must wear a facemask and self-monitor for symptoms.</p> <p>Exposed asymptomatic HCW who have a community exposure should have a negative viral test prior to returning to work.</p>

<sup>1</sup> Patients who are also healthcare workers should contact their employer for return to work guidance

## **Full Guidance**

- [General Public](#)
- [Health Care Personnel](#)
- [Children and Staff in Child Care, K-12, Out-of-School Time \(OST\) and Recreational Camp/Program Settings](#)

## **Definitions**

**Isolation:** The separation of a person or group of people known or reasonably believed to be infected with a communicable disease and potentially infectious from those who are not infected to prevent spread of the communicable disease ([CDC](#))

**Quarantine:** The separation of a person or group of people reasonably believed to have been exposed to a communicable disease but not yet symptomatic from others who have not been so exposed to prevent the possible spread of the communicable disease ([CDC](#))

**Close Contact:** You are a close contact of a COVID-19 positive person if you were within 6 feet of them while indoors, for at least 15 minutes, while they were symptomatic or within 2 days before symptom onset. You are also a close contact if you were indoors and within 6 feet for at least 15 minutes of someone who tested positive for COVID-19 (but did not have symptoms) and your exposure happened in the 2 days before their

test was taken to anytime in the 10 days after the test. A close contact can also be someone who had direct contact with respiratory droplets of a COVID-19 case (e.g., being coughed or sneezed on) while not wearing a mask or face covering. ([DPH](#))

**Date of Last Exposure:** Date of last exposure to the COVID positive person during their isolation period.

**Up to Date:** You are up to date with your COVID-19 vaccines when you have received all doses in the primary series and all boosters recommended for you, when eligible. ([CDC](#))